



## The Joy Of Unfulfilled Desires

by Rebbie Straubing

Usually when we make a list of things we want, that list might be called a list of goals or intentions. We tend to make that list for the purpose of moving faster and closer to those manifestations.

Now, I'm inviting you to take a completely different approach.

Thanks to Abraham ([www.abraham-hicks.com](http://www.abraham-hicks.com)), we are learning the value of unfulfilled desires. They are giving us the wind in our sails. They are the cause of the delightful breeze though our hair. They are the source of the joy of the journey. So right now, why not sit down and make a completely new kind of list? This is a list of unfulfilled desires, but this time you make this list for the purpose of appreciation instead of motivation.

As you look at each item on the list, look for the sweetness of the moment right where you stand relative to that desire.

One by one, the items on your list reveal the now as perfect, divine and a moment worth framing as a great work of art. Each "unfulfilled" now holds a facet worth examining for its beauty, a completion in itself, just like the moment of fulfillment (which is really laced with new unfulfilled desires).

### THREE POINTS OF APPRECIATION OF THIS INCOMPLETE MOMENT

In this three dimensional world in which we live, our consciousness always moves along all three different axes. Some thoughts rise while others move forward. Still others extend sideways. The shape and direction of your thoughts create a field around your energy body. By including all three dimensions in your appreciation of the unfulfilled desire, you infuse the moment with your love. You become more truly yourself and the unfulfilled desire becomes not only bearable, but ecstatic.

**1. Action Snapshot.** In the first phase of appreciation of the unfulfilled desire, your relationship with the incompleteness resembles a magnificent action photo. It is like a still snapshot of a peak athletic moment or a single frame of a masterful dance. The blur of the movement and the aesthetics of the incompleteness are its art. When you look at your moment from this perspective, you may be able to catch a glimpse of the beauty of the swirl of movement of which you are a part. You see yourself as part of a Divine Plan. This thought lives in the vertical dimension and nurtures your spiritual upliftment.

**2. The Breeze in Your Hair.** In the second phase of appreciation, you enjoy the movement of the journey and the breeze it causes. As a child, you may have enjoyed the thrill of a merry-go-round ride. Then, as the movement slowed to a halt and you unbuckled from your brightly colored horse, you probably wished it could have lasted longer. That ride was the unfulfilled desire, the movement forward. That movement was the joy of the journey. Every unfulfilled desire you now have offers a free ticket on the best horse: Your horse. It is the journey of your unique desire. Your sense of movement and speed and excitement lives on the axis that unfolds before you.

**3. You Are the One.** The third dimension of appreciation of the unfulfilled desire is

really an appreciation of the one having the desire: you. Here, you notice the blessed being that you are, able to have this experience. In this phase, you stand in the middle of all the feelings, all the joys and sorrows, all the pulls and influences and revel in the privilege it is as yet unfulfilled desire, that you are the star of this movie, the monarch of this kingdom, the sun of this solar system. The shape of this third field of appreciation extends out from you to either side.

Once you flood your unfulfilled desire with these three dimensions of appreciation, you more fully enter the now. Welcome home.

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Dr. Rebbie Straubing explores the metaphysics of the 3 dimensions as they live in your consciousness in her book *Rooted in the Infinite: The Yoga of Alignment*. You can get her free eCourse at <http://YOFA.net> and sign up for remote inner alignment (jhe) sessions at [www.AlignmentforHealing.com](http://www.AlignmentforHealing.com)

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